The service is free and can be used by all women followed during pregnancy and/or childbirth at the Buccheri La Ferla Hospital in Palermo.

Activation can be requested spontaneously or through the staff of the Obstetrics Department or the Outpatient Clinics.



CONTACTS

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For information on actions that promote the physical and psychological well-being of the child, consult the multilingual materials on the program website *GenitoriPiù*





Birth journey: Returning home

Health Together

Home visits to promote maternal and child health Support for parenting



SERVICE

It is proposed to create a "bridge" between hospital care and local services to guarantee continuity of care and support for parents during the phase of returning home after giving birth.

The working group is multidisciplinary and is made up of a gynecologist, a midwife, a social worker and a psychologist.

During home meetings, the team provides personalized assistance depending on the needs that arise.

The service can be requested and is active from birth until the child's third month of life.

THE ORGANIZATION

Upon receiving the request, the midwife contacted the parents to agree on the date of the first home visit.

It is possible that the visits are carried out by the midwife and/or other members of the working group.

Taking charge requires a number variable of home meetings based on care needs.

In cases where it is not possible to carry out home visits, continuity of care is guaranteed at the outpatient clinics of the Buccheri La Ferla Hospital in Palermo, by prior agreement with the team.



THE ACTIVITIES

The service supports and reinforces parenting skills directly in the family's place of life. In particular, it offers:

- control of the mother's vital parameters (blood pressure, temperature);
- support during start-up and management of breastfeeding;
- practical recommendations on neonatal care (baby position, management of crying, safety at home and during transport by car, protection from exposure to smoke);
- care of any stitches and the umbilical cord scar;
- postpartum depression risk assessment;
- facilitating access to health, social and educational services present in the area.